Contemplative Leadership

One - Year Certificate Program
October 2019 - May 2020



Photo by Zachary Maser

Contemplative Leadership (CL) is a one-year certificate program in spiritual deepening and contemplative leadership. It is ideal for pastors and others seeking to deepen contemplation in ministry and life. Most participants will have previously found contemplative practices transformative in their personal life and desire to grow in creating and equipping contemplative groups in their communities.

Themes Explored Through the CL Program:

- ~ Stillness and Silence
- ~ Movement
- ~ Inward Attentiveness
- ~ Daily Attentiveness
- ~ Compassionate Living
- \sim Listening and Speaking
- \sim Creativity and Playfulness
- ~ Ritual and Rhythms

The Intent of CL is Three-Fold:

- 1 Deepening contemplative living (personal transformation)
- 2 Growing contemplative leaders (leadership formation/transformation)
- Equipping teachers of contemplation (leading groups in contemplation)





Is CL Right for You?

- Do you hunger for ways to go deeper in your spiritual life?
- In your prayer life are you feeling drawn to fewer words?
- Do you feel invited to accompany and lead others in the practice of prayer?
- Would you like to find ways to integrate your leadership more deeply with your spiritual life?
- Do you cherish the energy that stirs when people gather together in prayer or meditation?

Understanding that the contemplative way is to infuse life with an awareness of God, this program is for persons seeking to enhance this awareness through classical disciplines and other creative practices while also learning how to lead others into the contemplative life 'back home'. These emphases of personal spiritual formation, transforming as a contemplative leader and hands-on group leadership training will permeate the program. There will be presentations on a variety of practices, reflection on contemplation and leadership, along with much experiential learning. This will be coupled with opportunities in a peer group to learn the means of developing methods, enhancing skills, building confidence, and receiving feedback for leading contemplative programs in one's own community.

What Can You Expect?

Each Month Includes:

- Presentations by leadership
- Contemplative practices
- Dialogue among participants
- Readings and reflection
- Space for personal retreat and solitude
- Peer group experiences
- Prayer and worship experiences

<u>Participants of Contemplative Leadership will be asked to:</u>

- Engage in a regular prayer practice which nourishes awareness of the sacred
- Be open to expanding beyond already familiar spiritual practices
- Complete the assigned readings and write two brief papers
- Bring an openness and collegiality to peer group experience
- As feedback and evaluation is part of the growth process, come open to both giving and receiving feedback.
- Plan and lead a contemplative group, retreat, or series of quiet days in your home community (minimum 6-8 contact hours) or another project which integrates the contemplative into your place of leadership. Share your experience in a presentation at the closing retreat.

CL Leaders



Lead Teacher - Andrew
Barton recently retired
as Senior Pastor of First
Presbyterian Church
of Hamilton Square,
NJ. He now serves
as pastoral mentor
and spiritual guide to

seminary students and clergy, and offers spiritual direction and hosts retreats at his home "Green Pastures". Andrew completed the Oasis programs Spiritual Direction for Spiritual Guides and Contemplative Living. He has also completed the Shalem Institute for Spiritual Formation certificate program, Leading Contemplative Prayer Groups and Retreats led by Tilden Edwards, Gerald May and Rose Mary Dougherty.



Lead Teacher - Dale Selover serves as Pastor of Spiritual Formation and Director of the House Next Door, Prince of Peace Lutheran Church, Princeton Junction, NJ.

She is a spiritual director and retreat leader in the Evangelical Lutheran Church in America. Dale is a graduate of Gettysburg College and the Lutheran Theological Seminary at Gettysburg. Through Oasis Ministries, Dale has completed the Spiritual Direction for Spiritual Guides and Contemplative Living programs.



Adjunct Teacher - Glenn Mitchell is Director of Oasis Ministries and has been a teacher with Oasis since 1996. Glenn was trained in spiritual guidance by the Shalem Institute

and Oasis Ministries. He is a lead teacher in Spiritual Direction for Spiritual Guides and offers leadership in other Oasis training programs and single day events. Glenn has a practice of spiritual direction based in State College, PA. Glenn has two adult children and is married to Theresa Shay. Glenn loves all things contemplative and in his spare time enjoys watching birds, restoring their 1800's log home and making things from wood.

Dates and Locations

Opening Retreat

10:00 am Wednesday - 2:00 pm Friday 10/16/19 - 10/18/19

> Location: Green Pastures 302 Bridle Path Lane Weatherly, PA 18255

Monthly Meetings

9:00 am - 4:30 pm

Location: The House Next Door 177 Princeton-Hightstown Road Princeton Junction, NJ 08550

> 11/14/19 12/12/19

No January Meeting 2/13/20 3/12/20 4/16/20

Closing Retreat

10:00 am Thursday - 2:00 pm Friday 5/14/20 - 5/15/20

Location: Green Pastures
302 Bridle Path Lane
Weatherly, PA 18255

Opening and Closing Retreats

<u>Green Pastures</u> 302 Bridle Path Lane Bethlehem, PA 18255

Monthly Meetings

<u>The House Next Door</u> 177 Princeton-Hightstown Road Princeton Junction, NJ 08550 609-799-1753





Additional Information

TUITION: \$1950*, plus an Application Fee of \$200 (non-refundable, not part of tuition). The balance of tuition may be paid in full at any time.

*Participants who have previously completed the Oasis Ministries Contemplative Leadership program will receive a discounted tuition rate of \$1560 (normally \$1950).



If the application is received by May 31, 2019, the participant will receive a discount of \$50 from their tuition. If the application is received after August 31, 2019, \$50 will be added to their tuition fee.

If withdrawing prior to September 1, 2019, a full refund of tuition already paid will be returned, less \$50 to cover administrative time and processing.

Payments by check or credit card (MasterCard, Visa, and Discover) are welcome. If paying via installments we anticipate the first payment to be \$200 (minus \$50 if application was received prior to May 31, 2019, plus \$50 if application was received after August 31, 2019). The first payment is due upon acceptance into the program (by September) followed by payments of \$250 monthly October- April.

Tuition remains the same regardless of the number of sessions attended. Oasis rarely cancels due to weather. If a regular program is cancelled due to weather, an online meeting may be possible and any missed content will be made available to participants. No refunds for snow days or for sessions a participant needs to miss.

SCHOLARSHIPS

Some scholarship help is available. Scholarship is granted based upon scholarship receipts and requests. Contact us after seeking assistance from other local sources of funding (like your church or denomination).

To apply for the CL 2019-2020 program, please complete the online application at www.oasismin.org/apply-CL.



For questions or more information, please contact the Oasis Ministries office:

Phone: 717-737-8222

Email: oasismin@oasismin.org
Or visit our website at www.oasismin.org/CL